

# MENU

MENZA Kajetánka

## Letní škola slovanských studií 2023

| Day / date   | Meal      | Pictogram   | Dish  |   |
|--|-----------|---|---|---|
| Friday 4.8.2023  | breakfast |   | Buffet breakfast  |   |
|  | dinner    |   |   |   |
|  | dinner    |    | Seitan nuggets, vegan (soy) mayo, boiled potatoes                           | note: Vegan Fridays        |
| Saturday 5.8.2023  | breakfast |   | Buffet breakfast  |   |
|  | soup      |   | Cream of pumpkin with chilli, sour cream                                    |   |
|  | lunch     |    | Spinach-stuffed chicken breast, potato purée, stewed vegetables             |   |
|  | lunch     |    | Italian vegetable risotto, Parmesan cheese                                  |   |
|  | dinner    |    | 120g Red wine beef stew, wheat bulgur                                       |   |
|  | dinner    |    | Baked zucchinis stuffed with vegetables and smoked tofu, fried potato chips |   |
| Sunday 6.8.2023  | breakfast |   | Buffet breakfast  |   |
|  | soup      |   | Beef broth with pancake noodles   |   |
|  | lunch     |    | Fried pork schnitzel with sesame seeds, potato salad                        |   |
|  | lunch     |    | Gnocchi with pumpkin sauce and fresh cilantro                               |   |
|  | dinner    |    | Sweet & sour chicken, basmati rice  |   |
|  | dinner    |    | Soy spaghetti Milanese, Parmesan cheese                                     |   |
| Monday 7.8.2023  | breakfast |   | Buffet breakfast  |   |
|  | dinner    |    |   |   |
|  | dinner    |    | Green beans with zucchini and shallots, lemon dill sauce, boiled potatoes   | note: Sustainable Mondays  |
| Tuesday 8.8.2023   | breakfast |   | Buffet breakfast  |   |
|  | dinner    |  | 120g Mexican tortilla with chicken and sour cream                           |   |
|  | dinner    |  | Fried broccoli, mashed potatoes and cabbage salad                           |   |
| Wednesday 9.8.2023   | breakfast |   | Buffet breakfast  |   |
|  | dinner    |  | Thai style pork stirfry, fried noodles                                      |   |
|  | dinner    |  | Cauliflower and chickpeas curry, jasmine rice                               |   |
| Thursday 10.8.2023   | breakfast |   | Buffet breakfast  |   |
|  | dinner    |  | 120g Burger Americano, steak fries  |   |
|  | dinner    |  | Vegetable pudding   |   |
| <u>Drink and salad bar every day, daily Buffet breakfast</u> |           |   |   |   |